

Healthy Vending Policy

I. Scope and Responsibility

This policy covers all vending machines designed to dispense food and beverages located within any space or facility that is owned, leased or operated by _____.

This policy requires that food and beverages sold in all vending machines within any space or facility that is owned, leased or operated by _____ meet the following nutrition standards.

II. Policy

Beverage Standards

At least 80% of all beverages dispensed in vending machines must meet the following beverage standards:

- Water, non-carbonated, no added sugars or artificial sweeteners, any size
- Plain fat-free or 1% low fat milk (or flavored fat-free or 1% low fat milk up to 150 calories per 8 oz), up to 12 oz
- 100% fruit/vegetable juice, up to 12 oz (8 oz or less preferred)
- Low calorie beverages (less than 50 calories per 12 oz), up to 12 oz
- Non-caloric beverages, including diet sodas, any size

Nutrition Standards

At least 80% of foods sold in vending machines must meet the following nutritional standards:

- Not more than 35% calories from fat
- Not more than 10% of calories from saturated fat
- Does not contain trans fat added during processing (hydrogenated oils and partially hydrogenated oils)
- Not more than 35% total weight from natural and added sugars
- Not more than 480 mg sodium per serving (600 mg for entrees)
- Fruits and vegetables without added sugar or fat; nuts, seeds, and cheese or yogurt made from reduced-fat, low-fat, or fat-free milk are exempt from these standards
- All efforts will be made to include items that are whole grain and/or contain at least 3 grams of fiber per serving
- At least one item meeting the snack/food criteria in each vending machine shall also meet the FDA definition of "low sodium" (<140 mg/serving)

Pricing/Placement Standards

- Beverage and food items that do not meet the stated nutritional standards will be priced a minimum of 20% higher than the normal cost of the item.
- Items meeting the mandatory standards must be placed in the top third of the vending machine so that they are visible at eye level.
- Advertising on vending machines shall include advertising only of beverages and foods that meet the nutrition and beverage standards.
- Vendors are asked to provide quarterly feedback on pricing and sales of all items and an analysis of the most and least popular items.

III. Implementation

Foods and beverages sold in contracted vending machines will adhere to the Healthy Vending Machine Policy's beverage and nutrition standards according to this timeframe:

- **By _____, 50%** of all foods and beverages in SNHD-contracted vending machines will meet the beverage and nutrition standards
- **By _____, 65%** of all foods and beverages in SNHD-contracted vending machines will meet the beverage and nutrition standards
- **By _____, 80%** of all foods and beverages in SNHD-contracted vending machines will meet the beverage and nutrition standards