

Diabetes Self Management Classes

DISEASE SELF MANAGEMENT CLASSES

Learn how to live with chronic conditions.

Call: 702-616-4900 for more information.

DIGNITY HEALTH/ST. ROSE DOMINICAN HOSPITAL

Free Diabetes Self Management program in English and Spanish, Stanford curriculum, 6 sessions.

Call: 702-616-4900 for more information.

DOLCRX WELLNESS CENTER ACCREDITED DIABETES PROGRAM

801 S Rancho Dr. #A4, Las Vegas, NV 89106

Call: 702-436-5279 for more information.

Find a Diabetes Educator in your area: www.diabeteseducator.org/patient-resources/find-a-diabetes-educator.

Visit the **Nevada Diabetes Association** to view their statewide diabetes resource directory that includes other classes and resources at: www.diabetesnv.org or call 1-800-379-3839.

For additional diabetes self management classes, call: 702-616-4914 or visit: www.nvhealthyliving.org.

Please call first to ask about class cost, schedule and requirements. Information may change.



Diabetes Prevention Classes

YMCA OF SOUTHERN NEVADA DIABETES PREVENTION PROGRAM

Call: 702-476-6747 or email: bbolden@lasvegasyymca.org, brochure: www.lasvegasyymca.org/imagespdfs/DPPBrochureEnglish.pdf.

DIGNITY HEALTH DIABETES PREVENTION PROGRAM

Call: 702-616-4914 for more information.

THE ROAD TO DIABETES PREVENTION PROGRAM

Developed by: the **Southern Nevada Health District**

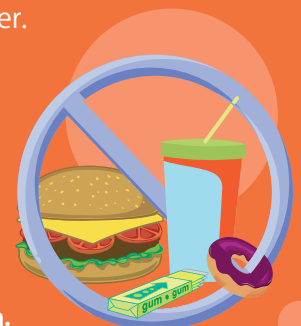
Participate for FREE, (online) at your own pace on your computer.

Sign up at: www.gethealthyclarkcounty.org/dpp.

Other diabetes classes are available on the **Nevada Division of Public and Behavioral Health's statewide Nevada Wellness** website: www.nevadawellness.org, events calendar.

Please call first to ask about program cost, schedule and information.

Made Possible by funding from the Centers for Disease Control and Prevention.



Low Cost Clinics



ALLIANCE AGAINST DIABETES CLINIC

3930 E Patrick Ln, Las Vegas, NV 89120

Call: 702-207-0400 or Visit: www.aadnv.org for more information.

FIRST PERSON CARE CLINIC

1200 S 4th St, Ste 111, Las Vegas, NV 89104

Call: 702-380-8118 or Visit: www.firstpersoncc.org for more information.

FIRSTMED HEALTH & WELLNESS CENTERS

Call: 702-731-0909 or Visit: www.fmhwc.org for more information.

- 3343 S Eastern Ave, Las Vegas, NV 89169
- 400 Shadow Lane, Ste 104, Las Vegas, NV 89106

HOPE CHRISTIAN HEALTH CLINIC

4357 Corporate Center Dr, Ste 450, North Las Vegas, NV 89030

Call: 702-644-4673 (HOPE). View eligibility at: www.hopehealthvegas.org.

NEVADA HEALTH CENTERS

Call: 1-800-787-2568 or Visit: www.nvhealthcenters.org for more information.

- **Cambridge:** 3900 Cambridge, Ste 102, Las Vegas, NV 89119
- **Eastern Dental and Medicine:** 2212 S Eastern Ave, Las Vegas, NV 89104
For Dental appointments call: 702-597-3898.
- **Martin Luther King:** 1799 Mt Mariah Dr., Las Vegas, NV 89106
- **North Las Vegas:** 2225 Civic Center Dr. Ste 224, North Las Vegas, NV 89030

VOLUNTEERS IN MEDICINE OF SOUTHERN NEVADA

Free clinics, must call to set appointment, no walk-ins. View eligibility at: www.vmsn.org

- **Paradise Park Clinic:** 4770 Harrison Dr, Ste 200, Las Vegas, NV 89121
Call: 702-967-0530 or Visit: www.vmsn.org.
- **Ruffin Family Clinic:** 1240 N Martin Luther King Blvd, Las Vegas, NV 89106
Call: 702-967-0530 or Visit: www.vmsn.org.

Please call first to determine eligibility.

